



Co-Rec Volleyball League

This recreational league offers teams the opportunity to play the sport in a fun environment. Returning teams will have first priority in securing a spot in the league. Cash awards are given to first and second place finishers in the league. If 3 or more players on your team are not Darien Park District residents you are considered a non-resident team. Rosters are due the first night of play. **There is no childcare available so please do not bring young children.**

Age: 30 or older
 Location: Darien Park District Community Center
 Note: *No play 3/28

Code #	Day	Date	R/NR Fee
210819-A	W	Starting January 11	\$140/\$155

Karate

This is a great way to develop cardiovascular strength and fitness. The self-defense skills will come in handy if you are ever confronted in a dangerous situation. Karate movements develop poise and agility while improving overall muscle tone.

Age: 15-Adult
 Location: **Tuesdays:**
 Darien Park District Community Center
Fridays:
 The Chalet 8300 S. Wolf Road - Willow Springs
 Instructor: Staff from Illinois Shotokan Karate Club

Beginner/Continuer (White-Yellow Belt)

Code #	Day	Date	Time	R/NR Fee
210810-A	Tu	Jan. 3-Mar. 20	8:35-9:30pm	\$105/\$125
210810-B	Tu	Apr. 3-June 5	8:35-9:30pm	\$88/\$108

Intermediate/Advanced (Blue belt & up)

Code #	Day	Date	Time	R/NR Fee
210810-C	Tu	Jan. 3-Mar. 20	8:35-9:45pm	\$123/\$143
210810-D	Tu	Apr. 3-June 5	8:35-9:45pm	\$103/\$123

Beginner/Intermediate (White-Purple Belt)

Code #	Day	Date	Time	R/NR Fee
210810-E	F	Jan. 6-Mar. 23	8:40-9:40pm	\$108/\$128
210810-F	F	Apr. 6-June 8	8:40-9:40pm	\$90/\$110

Advanced (Brown-Black Belt)

Code #	Day	Date	Time	N/NR Fee
210810-G	F	Jan. 6-Mar. 23	8:40-10:00pm	\$126/\$146
210810-H	F	Apr. 6-June 8	8:40-10:00pm	\$105/\$125

Taekwondo

Taekwondo, one of the newest Olympic sports, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students have the opportunity to improve concentration and self esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of G.Master Ki Hong Kim* (8th Dan World Taekwondo Federation.) A \$45.00 uniform fee is required at the first class. Belt testing is offered through The KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gears.

This program concentrates on Taekwondo techniques through the study of forms, stances, and the skills of punching, kicking, and blocking. This is a great program for those looking to maintain and improve their physical fitness.

Age: 14-Adult
 Location: Downers Grove Park District Lincoln Center
 925 Maple Ave.
 Instructor: KH Kim Taekwondo Staff

Code #	Day	Date	Time	R/NR Fee
210818-A	W	Jan. 4-Mar. 21	7:10-8:00pm	\$108/\$118
210818-B	W	Apr. 4-June 6	7:10-8:00pm	\$90/\$100

Adult Softball Leagues

Information regarding the summer leagues will be available March 19th. Returning teams will have first priority in securing a spot in the league.

For more information call 630-968-6400 x126.

We offer both mens' 12" and 16" leagues as well as a 16" co-rec league.

Adult Sand Volleyball Leagues

Our summer volleyball leagues will begin May 16th with a 10 game season plus playoffs. Various level leagues will be offered. More information will be available April 16th.

Returning teams will be given first priority.

For more information call 630-968-6400 x126.

Open Volleyball

If you love to play volleyball then join us on Sunday afternoons. Pick-up games will be organized. No pre-registration required. Just pay as you come. There is no childcare available so please do not bring young children.

Age: 21 or older
 Location: Darien Park District Community Center
 7301 Fairview Ave.
 Note: *No play 4/8

Day	Date	Time	R/NR Fee
Su	Jan. 8-Apr. 28	2:00-4:30pm	\$5/\$8 per week

10 visit punch card: \$40/\$70

Adult Soccer League

The Darien Sportsplex offers a highly competitive soccer league that plays at DuPage County's premier indoor sports complex. We offer leagues from Adult Recreational to Competitive divisions, for men and coed leagues year round. Also, included in our season you will get a complete playoffs for any league you play in. All games are 42 minute run time played on a 60yd x 30yd Field Turf surface where cleats are allowed. There is a maximum of 18 players on a roster.

Ages: 18 or older
 Location: Darien Sportsplex
 451 Plainfield Road

Winter Leagues

- Men's Premiership and Championship games are played on Sundays.
- 8 game season + Playoffs (9 guaranteed games)

Code #	Day	Date	Team Fee
719974-A	Sunday	Jan. 22-Mar. 25	\$900

Registration Deadline: 1/15/2012

Spring Leagues

- Men's Open
- 8 game season + Playoffs (9 guaranteed games)

Code #	Day	Date	Team Fee
719974-B	Sunday	Apr. 1-June 10	\$550

Registration Deadline: 3/25/2012

Skate School for Adults

Looking for a way to have fun and get some great exercise? Skate school for Adults is a perfect way to learn the basic fundamentals of ice skating. Those with previous experience can be taught new exciting skills. Adult classes are taught to meet your individual needs. Please remember to wear comfortable warm clothing and gloves. If you don't have skates, Skate Rental is available for \$2 each class.

Ages: 13-Adult
 Location: Darien Sportsplex, 451 Plainfield Road
 Instructor: Skate School Staff

Note: **there will be a \$5 fee for late registrations. Any registrations taken after the deadline will start the 2nd week of the session.**

Winter Session Registration Deadline: 1/2/2012

Code #	Day	Date	Time	R/NR Fee
719920-A	Th	Jan. 5-Feb. 23	5:50-6:30pm	\$110/\$120
719920-B	Sa	Jan. 7-Feb. 25	11:50-12:30pm	\$110/\$120

Spring Session Registration Deadline: 3/5/2012

***No class 4/5, 4/7, 5/3, 5/5**

719920-A1	Th	Mar. 8-May 10*	5:50-6:30pm	\$110/\$120
719920-B1	Sa	Mar. 10-May 12*	11:50-12:30pm	\$110/\$120



2012 High School Hockey League

Location: Darien Sportsplex, 451 Plainfield Road

- 10 Games Minimum
- Early sign-ups, by 2/28/2012, will receive a \$100 discount in fees.
- Sign up more than one team from the same school and the club will receive a \$100 discount.

Registration Deadline: 3/15/2012

Code #	Date	Team Fee
729977-A	Apr. 10-June 10	\$2,600

Adult Ice Hockey League

The Adult recreational Ice Hockey programs run all year.

- 11 games guaranteed, various levels available.
- All players must have current USA Hockey registration.

Ages: 18 or older
 Location: Darien Sportsplex, 451 Plainfield Road

Winter Hockey League

Registration Deadline: 12/5/2011

Code #	Date	Team Fee
719966-A	Dec. 10-Mar. 10	\$2,600

Spring Hockey League

Registration Deadline: 3/21/2012

Code #	Date	Team Fee
719966-B	Mar. 28-June 5	\$2,600

RAT Hockey Hours

Must be 18 years or older to participate in the programs. Full hockey equipment is required.

Monday - Friday: 11:20am-1:20pm
 Cost: \$8.00 (R)/\$9.00(NR), goalies play free
 10 Session Punch Card: \$70(R)/\$80(NR)

- Dates and Times subject to change without notice.
- Please call 630-789-6666 to verify dates and times.
- Visit www.dariensportsplex.com for monthly schedule.